



**2022 PFA 優秀健體教練獎勵計劃**  
**PFA Excellent Fitness Professional Award Scheme 2022**

**提名及報名章程**  
**Application and Nomination Prospectus**

**I. 簡介 INTRODUCTION**

此獎勵計劃是由中國香港體適能總會主辦，以表揚會內的優秀健體教練及肯定教練一直以來所付出的努力及貢獻。

This award scheme is organized by the Physical Fitness Association of Hong Kong, China (PFA), appreciating excellent fitness professionals in the association and affirming their effort and contribution.

**II. 目的 OBJECTIVES**

1. 提升本會健體教練之專業水平  
Enhance the proficiency of PFA fitness professionals
2. 推動本港健體行業的專業性，及普羅大眾的健體氣氛  
Advance the professionalism of local fitness industry, and exercise atmosphere of the general public
3. 對卓越的健體教練作出認可、肯定和鼓勵  
Recognize, confirm and reward excellent fitness professionals

**III. 報名程序 APPLICATION PROCEDURES**

**1. 提名人須知 Notice to Nominator**

**a. 提名人資格 Qualification of nominator :**

提名人必須為以下人士：本會執行委員會成員、辦事處職員、委任講師、助理講師、政府相關部門負責人、非政府機構負責人、歷屆優秀健體教練得獎者、活動統籌、活動大使或持有本會資歷的教練。

Nominator should fall into one of the categories below: executive committee member, office staff member, appointed lecturer, assistant lecturer, superintendents of governmental departments and non-governmental organizations, awardees of previous award schemes, service coordinator, service ambassador or fitness professional who possesses valid PFA certifications.

**b. 每位提名人於本年度可推薦最多兩名健體教練，而該位教練必須持有本會所頒發的有效教練證書。**

Each nominator can nominate **a maximum of TWO fitness professionals** in this year. Those fitness professionals should possess valid PFA instructor certifications.

**c. 提名人需先徵得教練的同意，填寫及遞交提名人表格後，而被提名的教練需填寫參加者表格及預備所需資料。本會將會確實該教練的參選資格。**

Nominator has to get agreement from the nominee. After nomination form and application form have been submitted, PFA will confirm the qualification of the nominee.

## 2. 參加者須知 Notice to Applicant

- a. 參加者須持有本會頒發之有效資歷。  
Applicants should possess valid qualification issued by PFA.
- b. 每位參加者只能由一位提名人推薦。  
Each applicant can be recommended by **one nominator** only.
- c. 參加者需於截止日期前填妥參加者表格、連同證件相乙張及相關文件一併交回本會辦事處。  
The completed form, passport photo and supplementary documents should be submitted to PFA before the deadline.

## 3. 遞交方法 Method of Submission

- a. 截止日期前填妥所有表格，連同所有相關資料交回本會辦事處。  
The completed forms and all the supplementary information should be submitted to PFA Head Office.
- b. 交表方式：1. 親臨或郵寄至本會辦事處（地址：九龍尖沙咀山林道 9-11 號卓能中心 17 樓，信封面請註明：『2022 年度 PFA 優秀健體教練獎勵計劃』）  
2. 透過電郵遞交至 [mars@hkpfa.org.hk](mailto:mars@hkpfa.org.hk)，標題註明：『2022 年度 PFA 優秀健體教練獎勵計劃』並於遞交後致電本會職員進行確認。  
Submission Methods: 1. By hands or post to PFA Head Office (Address: 17/F, Cheuk Nang Centre, 9-11 Hillwood Road, Tsim Sha Tsui, Kowloon. Please indicate 'PFA Excellent Fitness Professional Award Scheme 2022' on the envelop.)  
2. Submit by Email to [mars@hkpfa.org.hk](mailto:mars@hkpfa.org.hk) and the subject is 'PFA Excellent Fitness Professional Award Scheme 2022' on the envelop. Please double confirm by phone.
- c. 表格可於本會網頁([www.hkpfa.org.hk](http://www.hkpfa.org.hk))下載  
Forms can be downloaded from our website ([www.hkpfa.org.hk](http://www.hkpfa.org.hk))
- d. 所提供之個人資料只作評選之用  
Information collected will be used for election only.
- e. **2022 年 8 月 31 日**截止，逾期遞交之申請將不獲受理。  
The deadline is **31 August 2022**. All belated submissions will NOT be accepted.

#### IV. 評審程序 ASSESSMENT PROCEDURES

於截止報名後，評審委員會對參加者作出兩個階段評審。成績將於 2022 年 12 月底前公佈。

The assessment panel will assess the applicants at two different stages after the deadline. Result will be announced by the end of December 2022.

##### 1. 首階段評審 First stage assessment

當表格及相關資料收妥後，評審委員會將根據以下準則，從參加者中甄選不多於十名「候選人」：

After collecting the application forms and other information, the assessment panel will select **NOT MORE THAN TEN 'Candidates'** from the applicants based on the following criteria:

- 專業資歷 Professional qualifications
- 教學履歷 Teaching history
- 提名人的書面評鑑 Written evaluation of nominator
- 社區服務之參與度及貢獻 Participation and contributions in community services
- 專業觀點/態度 Professional perspective/attitude

##### 2. 次階段評審 Second stage assessment

評審委員會會以訪談形式進行評分，並選出最多五名「得獎者」，評審準則如下：

Assessment will be conducted by means of interview and **NOT MORE THAN FIVE 'Awardees'** will be elected. The assessment criteria are listed as follows:

- 專業形象 Professional image
- 溝通技巧 Communication skills
- 教學經歷 Teaching experience
- 對體適能專業發展的抱負及期望 Aspiration and anticipation of professional development of physical fitness

#### V. 評審委員會 ASSESSMENT PANEL

##### 1. 召集人 Convener

廖允瑒先生 (中國香港體適能總會 執行委員)

Mr Adrian W.Y. LIU (Executive Committee Member, PFA)

##### 2. 成員 Members

- 陳靄允博士 (中國香港體適能總會 機構傳訊專責委員)

Dr Karly O.W. CHAN (Corporate Relations Committee Member, PFA)

- 蔡紹明博士 (中國香港體適能總會 機構傳訊專責委員)

Dr Siu Ming CHOI (Corporate Relations Committee Member, PFA)

- 譚家敏博士 (中國香港體適能總會 社區參與及服務專責委員)

Dr Winnie K.M. TAM (Community Engagement & Services Committee Member, PFA)

- 黃彩琪博士 (中國香港體適能總會 機構傳訊專責委員)

Dr Choi Ki WONG (Corporate Relations Committee Member, PFA)

**VI. 結果公佈及獎項 RESULT ANNOUNCEMENT AND PRIZES**

1. 是次選舉將選出最多五名「PFA 優秀健體教練」  
The election will select **NOT MORE THAN FIVE 'Excellent Fitness Professional'**.
2. 選舉結果及獎項將於本會三十五週年慶祝年度中公佈及頒發，詳情將容後公布。  
The election result and the award will be announced and distributed during the period of PFA's 35<sup>th</sup> anniversary celebration; The details will be announced later.
3. 每名「PFA 優秀健體教練」獲頒發以下獎項  
Each 'Excellent Fitness Professional' will have the following prizes :
  - 現金獎 2,000 元  
A Cash Award of \$2,000
  - 獎座乙個  
A Trophy
  - 「PFA 優秀健體教練」證書乙張  
A Certificate of Award for 'Excellent Fitness Professional'
  - Gym Aesthetics 運動服裝禮品  
Gym Aesthetics Sportswear Kit
4. 提名人所推薦參加者如成功成為「PFA 優秀健體教練」可獲得以下獎項：  
The nominator of the corresponding 'Excellent Fitness Professional' will have the following prize:
  - 現金獎 1,000 元  
A Cash Award of \$1,000

**VII. 「PFA 優秀健體教練」之義務與責任 RESPONSIBILITIES OF ' EXCELLENT FITNESS PROFESSIONAL'**

得獎之「PFA 優秀健體教練」將代表本會於社區不同層面推動健康體適能，並按需要代表本會出席傳媒訪問、媒體拍攝及運動示範。

The successful 'Excellent Fitness Professionals' will represent PFA to promote physical fitness in the community, and represent PFA to attend media interview, video shooting and exercise demonstration.

**VIII. 備註 NOTE**

評審委員會將參考上述準則選出優秀健體教練；惟在特殊情況下，委員會有全權酌情修訂此等準則。如有任何爭議，評審委員會會保留最終決定權。如有任何修改，恕不另行通知。

Excellent fitness professionals are selected based on the above criteria. In special condition, the panel has the absolute right to adjust the criteria. The assessment panel reserves the right for final decision. No prior notice will be given for any change on the above details.

**IX. 查詢 ENQUIRY**

如對選舉事宜有任何查詢，請於辦公時間內致電 2838 9594 與行政及會員服務幹事吳振杰先生聯絡。Please contact Mr. Mars NG at 2838 9594 for any enquires related to election.

獎品贊助 Sponsors :



[完 END]